



# ASIA PACIFIC SPINE SOCIETY (APSS) BASIC SPINE COURSE

*in association with Uttar Pradesh Spine Society (UPSS)  
& Lucknow Orthopaedic Society (LOS)*

**14th October, 2023 Saturday,  
08:00 AM TO 05:00 PM**

**VENUE : 8th Floor, Auditorium,  
Shatabdi Phase II, KGMU, Lucknow**

**CADAVERIC WORKSHOP  
Department of Anatomy, KGMU, Lucknow**

**Organised By:  
Department of Orthopaedics  
King George's Medical University, Lucknow**

**LIMITED 36 SEATS ONLY**

**REGISTRATION CHARGE :**

**International Delegates : 150 US\$**

**National Delegates : 12000 INR**

**Postgraduate Delegates : 9000 INR**



# APSS BASIC SPINE COURSE

14 October, 2023

Respected Seniors and dear Colleagues

Greetings from the Department of Orthopaedic Surgery, King Georges Medical University, Lucknow. On behalf of Organizing Committee, we take the privilege to welcome you to APSS Basic Spine Course to be held on 14th Oct 2023 at King Georges Medical University, Lucknow.

Asia Pacific Spine Society (APSS), in association with Uttar Pradesh Spine Society (UPSS) and Lucknow Orthopaedic Society (LOS), with the intent to strengthen the foundation of youngsters and impart higher knowledge in spine care to everyone, has planned this course. This course includes didactic lectures and a cadaveric workshop that imparts basic and practical knowledge in day-to-day practice for primary spine pathology. The cadaveric workshop mainly focuses on degenerative lumbar pathologies and standard operative procedures.

On behalf of the organizing committee, we invite you to this unique academic extravaganza to learn from each other and enhance knowledge and wisdom in spine care.



**Prof. Soniya Nityanand**  
Patron-in-Chief



**Prof. Vineet Sharma**  
Organizing Chairman



**Dr Kwan Kenny**  
Chairman of APSS Basic Spine Course  
Sub-Committee "  
Hong Kong University



**Prof. Ashish Kumar**  
Organizing Co-Chairman



**Prof Navneet Kumar**  
Co-organizing chairman



**Dr. Shah waliullah**  
Organizing Secretary

# APSS BASIC SPINE COURSE

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| S No                 | Time           | Topic  |
|----------------------|----------------|--|
| <b>Degenerative</b>  |                |  |
| 1.                   | 9.00-9.05 am   | Case discussion: degenerative lumbar pathology             |
| 2.                   | 9.05-9.15 am   | Prolapse Intervertebral Disc                               |
| 3.                   | 9.15-9.25 am   | Spondylolisthesis  |
| 4.                   | 9.25-9.35 am   | Lumbar Canal Stenosis                                      |
| 5.                   | 9.35-9.40 am   | Case discussion: Degenerative Cervical pathology           |
| 6.                   | 9.40-9.50 am   | Cervical Disc  |
| 7.                   | 9.50-10.00 am  | Cervical Myelopathy  |
| <b>Trauma</b>        |                |  |
| 8.                   | 10.00-10.05 am | Case discussion: Cervical spine fracture                   |
| 9.                   | 10.05-10.15 am | Upper Cervical Spine fracture                              |
| 10.                  | 10.15-10.25 am | Sub axial Cervical Spine fracture                          |
| 11.                  | 10.25-10.30 am | Case discussion: Thoraco-lumbar fracture                   |
| 12.                  | 10.30-10.40 am | Thoraco-lumbar Burst fracture                              |
| 13.                  | 10.40-10.50 am | Thoraco-lumbar fracture dislocation                        |
| Tea Break            | 10.50-11.00 am |  |
| <b>Infection</b>     |                |  |
| 14.                  | 11.00-11.05 am | Case discussion: Spinal infection                          |
| 15.                  | 11.05-11.15 am | Pyogenic Spinal Infection                                  |
| 16.                  | 11.15-11.25 am | Tubercular Spine Infection                                 |
| <b>Miscellaneous</b> |                |  |
| 17.                  | 11.25-11.35 am | Overview and approach to Spinal Tumor                      |
| 18.                  | 11.35-11.45 am | Overview and approach to Osteoporotic Vertebral Fracture   |
| 19.                  | 11.45-11.55 am | Ankylosing Spondylitis: Acute fracture and Pseudoarthrosis |
| 20.                  | 11.55-12.05 am | Overview and approach to Pediatric Spinal Deformity        |

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|  |                |   |
|--|----------------|---|
| <b>Lumbar Spine Cadaveric workshop</b> |                |   |
|  | 12.05-12.15 pm | Surgical anatomy Lumbar Spine: Lumbar Pedicle Screw Fixation  |
|  | 12.15-12.20 pm | Discectomy video demonstration                                |
|  | 12.20-12.25pm  | Decompression video demonstration                             |
|  | 12.25-12.30 pm | Transforaminal Lumbar Interbody fusion Video demonstration    |
| <b>Inauguration</b>                    | 12.30-12.45 pm |   |
| Lunch                                  | 12.45-1.45 pm  |   |
| Cadaveric Workshop                     | 2.00-2.15 pm   | Lumbar Pedicle screw Fixation: Cadaver demonstration          |
|  | 2.15-3.00 pm   | Delegates Hands on  |
|  | 3.00-3.15 pm   | Lumbar spine decompression: Cadaver demonstration             |
|  | 3.15-4.00pm    | Delegates Hands on  |
|  | 4.00-4.15 pm   | Transforaminal Lumbar Interbody fusion: Cadaver demonstration |
|  | 4.15-5.00 pm   | Delegates Hands on  |
|  | 5.00 pm        | Adjourn   |

## ORGANISING COMMITTEE

### • Chief Patron

Prof. Soniya Nityanand  
Vice Chancellor, KGMU

### • Patrons:

Prof. U.K Jain  
Prof. O.P.Singh  
Prof. G.K. Singh

### • Organising Chairman

Prof. Vineet Sharma  
(Head of Department)

### Chairman

Dr Kwan Kenny Yat Hong

### • Organising Co -Chairman

Prof. Ashish Kumar  
Dr Navneet Kumar

### • Organising Secretary

Dr. Shah Waliullah

### • LOS President

Dr Sanjeev Awasthi

### • Co- Organising Secretary

Prof. N.S. Kushwaha  
Dr. Kumar Shantanu

### • Joint Organising Secretary

Dr. Mayank Mahendra  
Dr. Sanjeev Kumar

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Dr. Abhisek Saini  
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