



3rd APSS MULTIDISCIPLINARY BASIC SPINE COURSE & HANDS-ON CADAVERIC/SAW BONES WORKSHOP, INJECTION TECHNIQUES & LIVE SURGERIES



Assembly Hall, Nishtar Medical College, Multan

Day-1 (28th Nov, 25) – Degenerative Lumbar Disorders

Time (AM)	Session/Topic	Presenter	Chairman & Moderator
08:00-08:30	Registration & Tea Reception		
08:30-08:35	Welcome Address	Prof. Dr. M. Kamran Siddiqui	
08:35-08:45	Workshop Objectives	Prof. Dr. Khalil Ahmad Gill	
08:45-08:50	Speech by President SSSP	Prof. Dr. Ehsan Bari	
08:50-09:00	Address by G.S APOA	Prof. Dr. M. Arif Khan	
09:00-09:15	Address by Chief Guest	Vice Chancellor / Principal	
SESSION-1:			Chairman: Dr. Ghulam Abbas Moderators: Prof. Ibrahim Pasha Dr. Majid Raza
9:15-9:30	History & Examination of Degenerative Lumbar Disorders	Prof. Dr. Ather Enam	
09:30-09:45	Interpretation of Radiography & CT for Degenerative Lumbar Disorders	Prof. Dr. A. A. Durrani	
09:45-10:00	Interpretation of MRI for Degenerative Lumbar Disorders	Prof. Dr. Ehsan Bari	
10:00-10:15	EMG/NCS: How to read Your Own EMG/NCS Report	Prof. Dr. A. A. Durrani	
SESSION-2:			Chairman: Prof. Imtiaz Hashmi Moderators: Dr. Zahid Wazeer Dr. Mehmood Ahmad
10:15-10:30	Pathophysiology & Classification of Degenerative Lumbar Disorders	Dr. Mazhar Ali	
10:30-10:45	Non-Surgical Management including Injections & Pain Procedures	Dr. Khurram Jahangir Khan	
10:45-11:00	Indications and Philosophy for Surgery in Degenerative Lumbar Disorders	Prof. Dr. Tariq Sohail	
11:00-11:30	Coffee Break and Overview Discussion Q&A		
SESSION-3: Surgical Options:			Chairman: Prof. Dennis Hey Moderators: Prof. Khalil Gill Dr. Samir Kabir Khan
11:30-11:45	Discectomy & Decompression vs Fusion	Prof. Dr. Imtiaz Hashmi	
11:45-12:00 (PM)	TLIF/ALIF/PLF/PLIF/OLIF/ DLIF When to Do & What to Do?	Prof. Dr. Si-Young Park	
12:00-12:15	MIS vs Open - When and How to Adopt?	Prof. Dr. Asad Qureshi	

SESSION-4: Special Surgical Highlights:			Chairman: Prof.Ather Enam Moderators: Dr. Ali Waqas Dr. Jawad Saleem
12:15-12:30	UBE & ULBD	Prof. Dr. Rizwan Akram	
12:30-12:45	Lumber Disc Replacement	Prof. Dr. Dennis Hey	
12:45-01:00	Discussion, Q & A		
01:00-02:00	Jumma Prayer & Lunch Break		
02:00-03:00	Hands-On Injection Techniques		
03:00-05:00	Live Surgeries		

Day-2 (29th Nov, 25)– Degenerative Deformities & Cervical Degenerative Conditions

Time (AM)	Session/Topic	Presenter	Chairman & Moderator
SESSION-5:			Chairman: Prof.Asad Qureshi Moderators: Dr. Mazhar Ali Dr. Ahsan Ali Khan
08:30-08:45	Concept of Sagittal Balance & Its Implications on Clinical Management	Prof. Dr. Dennis Hey	
08:45-9:00	Classification of Adults Deformity, Pathophysiology & Management	Prof. Dr. Arif Khan	
SESSION-6:			Chairman: Prof.Arif Khan Moderators: Dr. Shahid Ali Ch Dr. Khizar Ghalib
09:00-09:15	Surgical Implants: Evolution in Spinal instrumentation in deformity	Prof. Dr. Imtiaz Hashmi	
09:15-09:30	All About Cages and Grafts	Prof. Dr. Mian M. Hanif	
09:30-09:45	Complication with long fusion and solution	Dr. Shahid Ali Ch	
SESSION-7:			Chairman: Prof. Si Young Park Moderators: Prof. Mian Hanif Dr. Mehmood Ahmad
09:45-10:00	Diagnose of Cervical pathology (Myelopathy & Radiculopathy)	Prof. Dr. A. A Durrani	
10:00-10:15	Interpretation of cervical radiology by a surgeon for a surgeon	Prof. Dr. Ather Enam	
10:15-10:30	Overview of Cervical Degenerative Conditions (Radiculopathy , Myelopathy)	Prof. Dr. Sohail Rafi	
10:30-10:45	Anterior Approaches to Degenerative Cervical Disorders: ACDF/ ADR/ ACCF	Prof. Dr. Ghulam Abbas	
10:45-11:00	Posterior Approaches to Degenerative Cervical Disorders	Prof. Dr. Abdul Sattar	

11:00-11:15	Coffee Break		
SESSION-8:			Chairman: Prof. Rizwan Akram Moderators: Prof. Abdul Sattar Dr. Majid Raza
11:15-11:30	Surgical Highlights: Cervical Disc Arthroplasty	Prof. Dr. Dennis Hey	
11:30-11:45	ADR vs ACDF (Whats take home message)	Open House debate	
SESSION-9: (Techniques)			Chairman: Prof. Traiq Sohail Moderators: Prof. Sohail Rafi Dr. Jawad Saleem
11:45-11:55	Lumbar Pedicle Screw Technique	Dr. Khizar Ghalib	
11:55-12:05 (PM)	Lumbar Laminectomy Technique	Prof. Dr. Ibrahim Farooq Pasha	
12:05-12:15	Dural Injury Repair Technique	Dr. Ahsan Ali Khan	
12:15-12:25	Vote of Thanks	Prof. Dr. Khalid Chishti	
12:25-01:00	Lunch		
01:00-02:30	Cadaveric/Saw Bones Workshop		
02:30-05:30	Live Surgeries		

Day-1 (28th Nov, 25)

Gala Dinner

Time (PM)	Session/Topic	Presenter
07:00-07:15	State of Art Lecture	Prof. Dr. Tahseen Cheema
07:15-07:30	How to learn Skills in Spine Surgery	Prof. Dr. Ghulam Abbas
07:30-08:00	Future of Spine Surgery	All faculty
08:00-08:15	Tribute to Prof. Dr. S.M Saleem (Late) & Prof. Dr. Tanveer Warraich (Late)	Prof. Dr. A. A. Durrani
08:15-09:00	Souvenir Distribution to Faculty	
09:00-11:00	Dinner	