APSS Dhaka
Basic Spine Course 2020
18-19 April 2020

VENUE
National Institute of Traumatology & Orthopaedic Rehabilitation (NITOR)

REGISTRATION FEES
APSS Member USD 200
Non-APSS Member USD 300

COURSE SECRETARIAT:
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Tentative Program

**Day 1 – 18 April 2020**

08:00-08:10  Registration  
08:10-08:15  Welcome Address  

**Thoraco-Lumbar Session (Degenerative)**  
08:15-08:25  Lumbar Discectomy: Indications, techniques, outcome  
08:25-08:35  Laminection, Medial Facetectomy & Laminoplasty: Indications, techniques, outcome  
08:35-08:45  Far lateral disc herniation: Indications, outcomes, techniques  
08:45-08:55  Lumbar Posterolateral fusion, bone graft options & harvesting techniques  
08:55-09:05  PLIF, TLIF: Indications, techniques, outcome  
09:05-09:25  Q & A Session  
09:25-09:35  Spondylolisthesis: Reductions versus in situ fusion  
09:35-09:45  Technique of reduction of high grade lysthesis  
09:45-09:55  Cauda equina syndrome (Acute/Chronic): Decompression techniques, outcomes  
09:55-10:10  Interactive Case discussion: Lumbar / Thoracic Pathology  
10:10-10:30  Photo Session & Tea break  
10:30-12:00  Saw bone Workshop: PLIF and TLIF  

**Cervical Session (Degenerative)**  
12:00-12:10  Cervical Anterior Discectomy and Fusion: Indications, outcomes, techniques  
12:10-12:20  Cervical Lateral Mass Screws: Indications, outcomes, techniques  
12:20-12:30  Cervical Laminoplasty: Indications, outcomes, techniques  
12:30-12:40  Surgical management of cervical OPLL: Anterior/posterior  
12:40-13:00  Interactive Case discussion  
13:00-14:00  Lunch  
14:00-14:10  Cervical myelopathy – Evaluation & management strategy  
14:10-14:20  Posterior cervical foraminotomy  
14:20-14:30  Cervical pedicle screw fixation technique  
14:30-14:40  C1C2 fixation techniques  
14:40-14:50  Occipito-cervical fixations: Indications & techniques  
14:50-15:15  Interactive Case discussion  
15:15-16:45  Hands on Cervical spine: Lateral mass screw, Pedicle screw fixations  
16:45-17:00  Tea break  
17:00-18:30  Saw bone Workshop: ACDF, Cervical Laminoplasty  
19:00-21:00  Course Dinner
Day 2 – 19 April 2020

Trauma Session
08:00-08:10  Spinal trauma management protocol in emergency department
08:10-08:20  How Classification helps in developing of Management for dorsolumbar trauma?
08:20-08:30  limitation of ASIA score in Thoracolumbar trauma
08:30-08:40  Conservative management in dorsolumbar trauma: Indications, Protocol and outcomes
08:40-08:55  Operative management: Controversy- Anterior Versus Posterior, Short Versus Long, Fusion Versus Non-Fusion
08:55-09:05  Bowel & bladder care protocol in a spinal trauma patient
09:05-09:15  Principle of contouring of Rod
09:15-09:25  Q & A Session
09:25-09:45  Interactive Case discussion Session.
09:45-10:00  Tea break
10:00-11:30  Saw bone Workshop: Lumbar Pedicle Screws, Thoracic Pedicle Screws Insertion technique
11:30-11:40  Tong Traction: Indication, Reduction technique for cervical facetal dislocation
11:40-11:50  ACCF: Indications, techniques & outcome
11:50-13:10  Saw bone Workshop: C1-C2 trans-articular fixations, CO-C2 fixations
13:10-14:00  Lunch

Deformity Session
14:00-14:15  Understanding pathogenesis of AIS and Lenke classification
14:15-14:25  Conservative management: Pitfall & controversy
14:25-14:40  Operative –Surgical techniques, fusion level & shoulder balance
14:40-14:50  Ankylosing Spondylitis-what you really need to know?
14:50-15:00  Post TB Kyphosis –How much correction needed?
15:00-16:30  Saw bone Workshop: Sacro Pelvic fixation, Iliiac screw, S2 Alar Screw
16:30-16:45  Tea break

Miscellaneous
16:45-16:55  Kyphoplasty and Vertebroplasty: Indications & Tips
16:55-16:55  Post-operative Discitis –Management strategy
16:55-17:05  How to fix an osteoporotic spine
17:05-17:15  How to deal with dural tears and CSF leaks
17:15-17:25  Adjacent segment disease
17:25-17:35  Revision surgery in Spine- Principles & approach
17:35-17:45  Problems of fixations in a growing spine
17:45-17:55  Primary Spinal Tumor-Management strategy
17:55-18:05  Surgical strategies for management of metastatic spinal disease
18:05-18:15  Closing ceremony